

## TO REGISTER

Please: 1) Fill out registration form below and return.

2) Enclose a check for \$295, or for 2 from the same family \$570 or Venmo to Jim @ Jim-Armstrong-46

Send to: Jim Armstrong,  
Strong Hockey Camp  
1370 New Seabury Lane  
Victor, NY 14564

QUESTIONS: Email Jim: [jtarm19@gmail.com](mailto:jtarm19@gmail.com)  
We suggest that you REGISTER EARLY as each group will have a maximum of 32 skaters and 4 goalies only.  
As always, we will fill up. First come, first served.

For More Info: [jtarm19@gmail.com](mailto:jtarm19@gmail.com)

*Please enroll my skater for The Strong Summer Hockey Camp. Please Check*

Group 1, Ages 6-9       Group 2, Ages 10-13

Name of Skater \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

DOB \_\_\_\_\_

Parent(s) Name \_\_\_\_\_

Goalie: Y N (circle one)

E-mail \_\_\_\_\_

Person to contact during camp days in case of emergency.  
(Include telephone number.)  
\_\_\_\_\_

PRESORTED  
STANDARD  
U.S. POSTAGE  
**PAID**  
Rochester, N.Y.  
Permit NO. 1000

**Strong Hockey**  
Jim Armstrong  
1370 New Seabury Ln.  
Victor, NY 14564



**Strong Scottsville  
Summer  
Hockey Camp**

**OUR  
26TH  
YEAR!**



## **STRONG HOCKEY 2025 SUMMER HOCKEY CAMP**

Skate Faster... Shoot Harder... Improve Your Game!

**One Full Week:**

**Scottsville Ice Arena:**

**July 20<sup>th</sup> - 25<sup>th</sup>**

**5.5 HOURS DAILY**

**3 HOURS ON-ICE PER DAY**

**16 HOURS OF TOTAL ICE TIME**

**1+1/2 hrs. of POWER SKATING in a.m.**

**1+1/2 hrs. of PUCK SKILLS/TEAM PLAY in p.m.**

**FOR AGES: 6-9, Group 1**

**10-13, Group 2**

- **INSTRUCTORS THAT CARE**
- **GREAT VALUE... GREAT PRICE!**
- **SPECIAL GOALIE INSTRUCTOR**

**[www.stronghockey.com](http://www.stronghockey.com)**

**“Your skater will receive expert instruction in a fun environment. We care about your skater’s skills development and strive to achieve improvement. We really enjoy working with kids!”**

***INSTRUCTED BY: JIM ARMSTRONG***

**Strong Hockey Instructor** - Camps and Clinics on-going for 26 years.

**High School Coach** – Canandaigua  
– Webster  
– 25 years total

**College Coach** – Lake Superior State  
– RIT, National Champions  
– Cortland State University

**Playing Experience** - U.S.A. National Team  
- Clarkson University

***OUR INSTRUCTORS***

Our instructors have been with us for many years. Most importantly they care about the kids and have fun with them. All were excellent players, and are now are great role models for your skater!

**Jim Armstrong, Theo Cup and Kyle McGrath.**

**Goalie Instructor: Cam Kuzniar** – He is excellent!

**During the afternoon session on Friday, we will play a full-ice game. We encourage parents to attend this game.**

***OUR PLEDGE TO YOU:***

- Developing Skills – ***Skate Faster... Shoot Harder... Improve Your Game!***
- Learning and having FUN!
- Jim will be on-ice for all sessions.
- 1 on 1 Instruction – our Camp will have 4 Instructors on-ice at all times and 8 total.
- Goalie Instructor on-ice for each session.
- Off-ice activities each day include: Fun Outside Activities and Fun Movie at Lunch.

***Total Cost of each Camp:***

**\$295**

***Family rate for enrolling 2:***

**\$570**

**Goalies \$250** - Full-time age 9 and above

“ This camp was exactly what Victoria needed. The coaches take time to explain and demonstrate the ls to the large group and then breaking into smaller groups to give individual feedback, was spot on for her development. I loved how the coaches

rotated, looking at the kids learning experience. You could see the respect that the kids had for the coaching staff by the way they listened and worked hard to follow your direction. More important at least to me, then the skills leaned was the kids and coaches really seemed to be having fun. Although the kids left with sore legs, (probably some of the coaches too) they were happier, more confident, and had a greater love for hockey than

the week before.

I want to congratulate you on not only coaching great hockey but also on improving the kids' self-esteem.

- Sincerely, Tim

***AGENDA IS AS FOLLOWS:***

Our goalie instructor will be on-ice for each session.

***AGES 6 - 9 Group 1***

***Sunday, July 20<sup>th</sup>***

1:00 - 1:30 p.m. Registration, meet instructors  
1:45 p.m. Meeting between parents and Jim Armstrong  
2:00 - 3:00 p.m. 1st on-ice session

***Monday-Friday, July 21<sup>st</sup> - 25<sup>th</sup>***

8:30 - 10:00 a.m. 1st on-ice session  
10:10 - 11:00 a.m. Outside Fun  
11:00 - 12:00 p.m. Fun lunch with movie  
12:30 – 2:00 p.m. 2nd on-ice session  
2:15 p.m. Done for the day

***AGES 10 - 13 Group 2***

***Sunday, July 20<sup>th</sup>***

2:00 - 2:30 p.m. Registration, meet instructors  
2:45 p.m. Meeting between parents and Jim Armstrong  
3:00 - 4:00 p.m. 1st on-ice session

***Monday-Friday July 21<sup>st</sup> - 25<sup>th</sup>***

10:00 - 11:30 a.m. 1st on-ice session  
11:40 - 12:30 p.m. Outside Fun  
12:30 - 1:30 p.m. Fun lunch with movie  
2:00 - 3:30 p.m. 2nd on-ice session  
3:45 p.m. Done for the day

***www.stronghockey.com***

